# Mohsen Kianpoor MD

## Associate Professor of Psychiatry

Surname: Kian poor (Kianpour) Name: Mohsen Title: Dr.
Residence: Vancouver, BC, Canada
Latest Qualification: Iranian National Board of Psychiatry,
Latest Position: Associate professor of Psychiatry
Latest work place address and Tel and Fax: Baharan Psychiatry Hospital, Zahedan University of Medical Sciences, Zahedan, Iran. +98 543 351 3777

### Education, Qualifications, Memberships & awards:

#### Sep. 2019 - Mar. 2020:

Life Coach Certificate Program; Rhodes Wellness College, Vancouver, BC, Canada.

#### Apr 2001 - Jun 2001:

Demand Reduction Course; St. George's Hospital Medical School (London).

#### Sep 1991 - Sep 1995:

Residency of Psychiatry, Hafez Hospital, Shiraz University of Medical Sciences, Iran.

**Qualification:** Iranian National board of Psychiatry.

#### Feb 1984 - Sep 1991:

Medicine, Shiraz University of Medical Sciences, Iran.

**Qualification:** Doctor of Medicine.

## Jul 2005- Oct 2007:

Faculty member of "Psychiatry Research Center", Shiraz University of Med. Sci.

## Jul 2004- 2008:

Member of "The International Society for the Study of Dissociation".

#### Sep 1995 continue:

Member of "Iranian association of Psychiatry".

#### May 1998:

Exemplary teacher of the Year of Zahedan medical University.

#### Sep 2002:

Exemplary physician of the year, Zahedan branch of Iran medical registration council.

## Sep 2016:

National exemplary physician of the year, Iran medical registration council.

## **Career History & Responsibilities since Graduation:**

- Sep 1995-Feb 2018: Private clinical practice of psychiatry in my own clinic. • •
  - Dec 2009-Feb 2018: Associate professor of psychiatry, Zahedan University of Medical
- Science, Iran. Sep 2017-Feb 2018: Head of Baharan Psychiatric Hospital, Zahedan:
  - Mav 2013-Feb 2015: Head of Baharan Psychiatric Hospital, Zahedan
- Oct 2012-Aug 2014: Head of Department of Psychiatry, Zahedan University of Medical Sciences.
- June 2010-Jan 2012: Head of Educational Development Center (EDC) of Zahedan • University of Med. Sci.
  - Oct 2004- Des 2009: Associate professor of Psychiatry, Shiraz University of Medical Science, Iran.

Deputy of education in Ebne-Sina Psychiatric Hospital,

#### Shiraz.

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- Sep 1995 Oct 2004: Assistant professor of Psychiatry, Zahedan University of Medical Science, Iran.
- Sep 1997- Oct 2004: Head of Psychiatry Department, Zahedan University of Medical Sciences, Iran.
- Sep 1999-Feb 2001: Dean of Zahedan Medical School.
- May 1998-Nov 2000: Head of Zahedan Psychiatric Hospital.

## Responsibilities:

- o Lecturer of psychiatry for medical students and psychiatry residents.
- Holding teaching rounds with medical students and psychiatry residents.
- o Supervising outpatient clinic of psychiatric residents.
- o Supervising Dynamic oriented Psychotherapy clinic of Psychiatry residents.
- o Visiting in-patient and out-patient wards in Baharan Psychiatric Hospital.
- o Visiting patients in Baharan Day Hospital for Substance Related Disorders & MMT clinic.
- o Visiting about 30 patients in my own private clinic every day between 4:00pm to 9:00pm.
- o Managing executive duties of the hospital and the department of psychiatry, EDC, and medical school, whenever in charged.
- Holding Motivational Interviewing Workshops for Medical Doctors and Addiction Counselors.

# Further Training and Responsibilities:

8-11 July 2015	Advanced Application in Cognitive Behavioral Therapy	Attendee	Red Deer, AB, Canada with David D Burns MD
17-19 April 2008	First Bi-Annual International Conference of ESTD	Oral paper presentation "Dissociative Experiences as Related to Different Iranian Subcultures"	Amsterdam, Holland
15-17 April 2006	Introductory workshop on dissociation and trauma	Attendee; & Presenting possession trance Disorder	Shiraz-Iran By: George F Rhodes, Jr. Ph.D.
30 <sup>th</sup> Jun-1 <sup>st</sup> Jul 2005	Workshop on Motivational Interviewing	Attendee	Birmingham, UK By: Pip Mason
June & July 2004	Academic/ observational placement	Observer	Norwich, UK. The Pottergate Centre for Dissociation & Trauma, By: Remy Aquarone
6-8 Nov 2005	ISSD 22 <sup>nd</sup> fall conference	Oral paper presentation "Comparing rate of Dissociative Experiences Among Prisoners With and Without Substance Use Disorder"	Toronto, Canada
26-28 Jan 2005	The 3rd National Iranian Congress on addiction	Member of Scientific Committee; & Oral presentation	Yazd, Iran
14-18 Apr 2004	12th AEP CONGRESS	Poster Presentation "Panic disorder and Polygamy	Geneva, Switzerland
19-21 Oct 2003 & 7-9 Mar 2000	The 2nd and 1 <sup>st</sup> National Iranian Congress on addiction	Secretary of Scientific Committee; Oral presentation	Zahedan, Iran

# Publications:

April 2017	Secondary traumatic stress, dissociative and somatization symptoms in spouses of veterans with PTSD in Zahedan, Iran	Electron Physician	Kianpoor M., Rahmanian P., Mojahed A., Amouchie R.
2016	Effectiveness of Motivational Interviewing on Reducing Addiction Symptoms and Relapse Rate on Patients Receiving Methadone Maintenance Therapy	Research Journal of Medical Sciences, 10 (Special Issue 1)	Mozhdeh Mirmoradzehi Sibi, Mohsen Kianpoor, Mahmoud Shirazi, Gholam Reza Sanagouye
2016	Psychological Injuries and Traumatic Syndromes, New Aspects to Assessment, Diagnosis and Treatment	Book, (in Persian) Sokhan Gostar Publishing Co. Mashad, Iran	Mohsen Kianpoor Ramin Amoochi
June 2016	Evaluation of Sleep Disorders in Wartime Chemically Injured Veterans with Sleep- Related Complaints: Self- Report vs. Polysomnographic Measures	Global Journal of Health Science	Ramin Amouchie, Mohsen Kianpoor, Abbas Tavallaii, Ensieh Vahedi, Yasser Hatamnejad, Sarah Masoumi, Mahboobe Abasian, Zahra Saffarian, Maryam Abasian, Ali Sadeghkhani
Feb 2016,	Validity and Reliability of Persian Version of Peritraumatic Distress Inventory (PDI) and Dissociative Experiences I (DES I)	Acta Medica Mediterranea	Mohsen Kianpoor., Ramin Amouchie, Mahvash Raghibi, Saeed Hesam, Mahdi Mazidi, Mahboobe Abasian, Zahra Saffarian, Sarah Masoumi, Ali Sadeghiani
November 2014	Effectiveness of Cognitive – Existential Therapy on Reducing Depression and Improvement in Quality of Life in Opiate Addicts Undergoing Methadone – Maintenance Treatment	Indian Journal of Fundamental and Applied Life Sciences	Fateme Eslami, Mohammad Reza Saravani, Mohsen Kianpour

July 2014	Frequency of Djinnati Syndrome among Inpatient Admissions at Baharan Psychiatric Hospital in Zahedan, Iran	Zahedan Journal of Research in Medical Sciences	Sanaz Ghasemi, Mohsen Kianpoor, Fatemeh Shahabizadeh, Maryam Yousefi Tabas,
Jan, 2014	The Effect of Atropine on Symptoms if Post-ECT Bradycardia in Patients with Major Depressive Disorder :A Randomizied Clinical Trial	Zahedan Journal of Research in Medical Sciences	Hassan Farashbandi, Vahid Emdadi, Hassan Haghshenas, Vahid Khaloo, Mohsen Kianpoor
Jan, 2014	Mental Health and Depression after Coronary Artery Bypass Graft	Zahedan Journal of Research in Medical Sciences	Hassan Farrashbandi, Massomeh Jamshidi, Shahdad Khosropanah, Hassan Haghshenas, Marieh Hosseini, Mohsen Kianpoor
Dec. 2013	Djinnati Syndrome: Symptoms and Prevalence in Rural Population of Baluchistan (Southeast of Iran).	Asian J Psychiatry	Bakhshani NM, Hosseinbore N, Kianpoor M.
20 Dec.2013	Djinnati: Dissociation and Possession Trance Disorder in Baluchistan, Iran	The Journal of Middle East and Africa	Kianpoor Mohsen George F. Rhoades JR
Dec. 2012	A Comparison of the Effects of Motivational Interviewing, Trans- Theoretical Model and Combination Model on Psychological Symptoms Among Male Substance Abusers (Methamphetamine)	Science Series Data Report	Saravani M R; Kajbaf M B; Amiri S; Abadi M R; Kianpour M
Dec. 2012	The Relationship between Dissociative Experiences and the Success of Treatment through Abstinence from Opioid- Use Disorders	Zahedan Journal of Research in Medical Sciences	Kianpoor M, Ghanizade A, Badiei H

Sep. 2012	A Comparison of the Effects of Motivational Interviewing, Group Therapy Based on Change Stages (Trans-Theoretical Model) and Combination Model on Psychological Symptoms among Male Substance Abusers after De-intoxication	Interdisciplinary Journal of Contemporary Research in Business.	Saravani M R; Kajbaf M B; Amiri S; Abadi M R; Kianpour M
Spring, 2012	Trauma, Dissociation, and High Risk Behaviors	International Journal of High Risk Behaviors & Addiction	Kianpoor M. ; Bakhshani N. M.
Spr. & Sum. 2010	Comparing the Level of Dissociative Experience in Prisoners with and without Opioid Dependence Disorder in Shiraz	Iranian Journal of Psychiatry and Behavioral Sciences (IJPBS)	Kianpoor M., Bahredar M.J., Ommizade S.J.
Sep. 2008	Lower Total Serum Protein, Albumin and Zinc in Depression in an Iranian Population	Journal of Medical Sciences	Salimi S., Kianpoor M., Abassi M.R., Abdani M. and Moghaddam E.S.
2008	Comparison of Clinical Characteristics of Opium- induced and Independent Major Depressive Disorder	American Journal of Drug & Alcohol Abuse	Mowla A, Kianpoor M, Bahtoee M, Sabayaan B, Chohedri A H.
Mar 2008	Sleep Patterns and Habits in High School Students in Iran	Annals of General Psychiatry	Ghanizadeh A, Kianpoor M. Rezaei M, Rezaei H, Moini R,
2007	Cessation of Risperidone- Induced Incontinency by Valproate in a Child with Pervasive Developmental Disorder	Primary Psychiatry	Ghanizadeh A, Kianpoor M.
May 2007	Epidemiology of opium use in General Population	The American Journal of Drug and Alcohol Abuse	Ahmadi J, Pridmore S, Alimi A, Cheraghi A, Arad A,, Kianpoor M
Winter 2006	Comparing Medical students Attitude to Psychiatric Patients. (in Persian)	Journal of Semnan University of Medical Sciences	. Firoozabadi A, Bahredar M J, Kianpoor M, Ommizadeh S J
Sep-Oct, 2006	Co-occurrence of Panic Disorder and Being a Wife in Polygamous Family	Journal of Medical Sciences Asian Network for Scientific Information	Kianpoor M. MD; Bakhshani N. M. Phd; Daemi N. MD

Oct. 2006	Substance Use Disorders in Rheumatic Patients.	German Journal of Psychiatry	Ahmadi J, Ahmadi M, Pridmore S, Porter J, Ghanizadeh A, Kianpoor M,
Summer 2005	"Djinnati," A Possession State in Baloochistan, Iran	Journal of Trauma Practice	Kianpoor M. MD; George F. Rhoades, Jr Phd.
Summer 2002	Out-patient Management of Addiction (in Persian)	Journal of Zahedan University of Medical Sciences "Tabib-e- Shargh"	Kianpoor M
Autumn 2002	Stress Coping Mechanisms In Addicts Comparing with Non-addicts (in Persian)	Journal of Shahid Sadoughi University of Medical Sciences Yazd, Iran	Kianpoor M MD
Summer 2000	Comparing Coping Strategies of handicapped Veterans with PTSD and without PTSD (in Persian)	Articles Collection of Deputy of health of Iranian Veterans Organization.	Kianpoor M MD Pahlavani H Saravani M R
Autumn 1999	Anorexia Nervosa, Discussion of a case from socio-cultural aspects (in Persian)	Journal of Zahedan University of Medical Sciences "Tabib-e- Shargh"	Kianpoor M MD Tabataba'ee M T H MD

## Interests:

Professional: Dissociation and Trauma, Substance Use Disorders, Motivational Interviewing, Cultural Psychiatry, anthropology.

Others: Sports, Cinema, sightseeing.